

The Glen

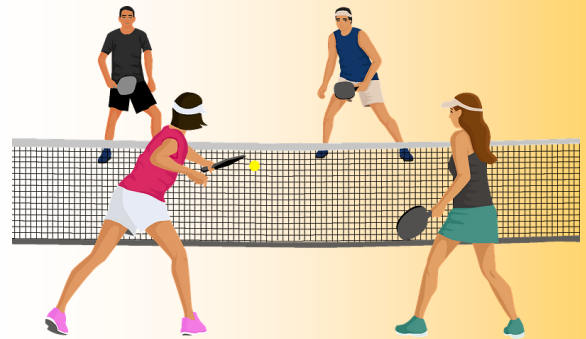
The Administration Bldg

GAZETTE

VOLUME 36 NUMBER 8

AUGUST 2024

Summer is in full swing



Go out and Enjoy



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**** Disclaimer ****

The Glen Gazette, Leisure Glen Homeowners Association, the Board of Directors and/or their staff, do not endorse the classifieds or display advertisements nor necessarily agree with the opinions expressed in the articles written for this newsletter.

FOR ADVERTISING INFORMATION PLEASE CONTACT:

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*** GAZETTE DEADLINES: ***

⇒ **Articles and Ads: Due 10th of the month at 3pm, unless it falls on a weekend in which case the deadline for submission of articles is the preceding Friday by 3pm.**

**** No articles are to be placed at the HOA ****
*****Articles without signatures WILL NOT be printed.*****

INSIDE THIS ISSUE

Credits	Page 2
Presidents Page	Page 3
Creative Corner	Page 4
Club & Comm. News	Page 5-14,16-22, 24,25,27
Puzzles	Page 15
Health	Page 23
Laughter	Page 26
Taste of the Best	Page 28
Trivia	Page 29
Calendar	Page 32-33
Ads	Page 30-31, 34-64

Emergency Phone Numbers



Fire Ambulance Police

Call 911

Leisure Glen Security Gate

(631)-744-6434

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(631)-744-4988
 Fax # (631)-744-0450

Clubhouse

(631)-744-6572

Visit our website at www.leisureglen.com

LGTV can be viewed on channel 591

Presidents Page

Leisure Glen Homeowners Association Board of Directors

At the June 14, 2024 Board meeting, the Board of Directors appointed Dorothy Scheuer and Peter Kassebaum to the seats vacated by resignations in June.



Leisure Glen's seven 2024-2025 Board members:

back row: Peter Kassebaum, Director; Dorothy Scheuer, Director; Paul Lanning, Director

front row: Andy Salzman, Secretary; Mike Abbate, President; Ron Matz, Vice President; Kevin Ward, Treasurer

We look forward to working with all of you and getting to know those of you we haven't met before.

Michael Abbate, President
Leisure Glen Board of Directors
BoD@leisureglen.com

Creative Corner

All About...August

by Mary J. Collins

“In August, the world slows down, and all you need is a good book and some sunshine.” (Unknown)

August is one of the best months of the year to indulge in pleasures like being happy, relaxing, walking around in very light clothes or basking in the sunshine. It is summer's last hoorah before everyone heads back to school and pumpkin picking. Everything returns to the forefront of life, so make sure to relish all 31 days of August by enjoying some of the outdoor amenities that Leisure Glen has to offer.

And so just for the fun of it, here is some interesting trivia about August to share with your neighbors as you relax by the pool, or stroll on the Paseo, or gather for a friendly game of bocce, tennis or pickleball. August is the 8th month of the year in today's Gregorian calendar, but it was the sixth month (Sextilis) of the year in ancient Rome. August was named after Augustus Caesar (63 BCE–14AD). He was the first Roman emperor (though he never claimed the title) and grandnephew of the previous ruler, Julius Caesar (who named July after himself).

People born in August fall under the sun zodiac signs of Leo and Virgo. August has two birthstones: peridot and sardonyx, and two birth flowers: the vibrant multicolored gladiolus and the deep crimson poppy.

Some famous people born in August include Martha Stewart, Martin Sheen, Louis Armstrong, Neil Armstrong, Lucille Ball and former Presidents Benjamin Harrison, Herbert Hoover, Bill Clinton and Barack Obama.

The month of August is often referred to as the "dog days of summer" and, contrary to common belief, the dog days do not take their name from weather that "isn't fit for a dog," or heat that is so extreme it drives dogs mad. The dog days, in the most technical sense, refer to the one- to two-month interval in which a particularly bright star rises and sets with the sun, shining during the daylight hours and staying hidden at night. This star is known by three names: Sirius, the Dog Star and Alpha Canis Majoris.

“In August, nature whispers its last warm breath before the arrival of Autumn.” (Unknown)

BOOK NOTES

by Dorothy Scheuer

USE OF FORCE, by Brad Thor DINNER PARTY, by Sarah Gilmartin

Scot Harvath is a Navy SEAL and covert-ops counterterrorism expert for the CIA. Hero of over 20 thrillers, he gets to showcase all of his skills in #16, *Use of Force* (2017, Emily Bestler Books). Packed with intrigue, action and mayhem, this one suggests you don't need to have read #1-15 to get right into the story.

It starts on the Mediterranean Sea, where yet another group of North African refugees has been dispatched with insufficient fuel, food, water or safety equipment—i.e. life jackets—into dark and stormy conditions. They do have a satellite phone that's preprogrammed with the telephone number of the Italian Coast Guard. They're going to need it. A lot of people are in imminent danger of drowning. Among them is a chemist with ties to ISIS.

Why was that particular chemist trying to sneak into Italy?

Scot Harvath isn't worried about that yet. He's at the Burning Man Festival three hours from Reno,

Nevada. With more than 70,000 attendees, the week-long summer solstice event in the desert is a wild and crazy adult camp in a temporary city, with designated neighborhoods for groups that include the ultra-rich and, somewhat oddly given the nature of the festivities, families with children.

Keeping control here is a challenge. This year, the CIA has information that suggests terrorists are in the mix. Harvath is on the trail of one of them now.

The fanciful costumes that so many are wearing make it easy to blend in with the crowd—especially when it turns out that Harvath's target is one of several people covered head-to-toe in identical outfits.

Stakes rise at Burning Man and in its aftermath. Dramatic events will transpire in Spain and France. Before the damage is done and/or averted, Harvath will be back to square one, realizing that's exactly where he, his team and their associates need to be.

* * *

In the Ireland-set *Dinner Party* (2021, Pushkin Press), the fireworks come from the heart, not AK-47s. It is Halloween 2018, the 16th anniversary of Kate's fraternal twin Elaine's death. Kate usually meets with her family elsewhere for the observance of this date, but this year she is preparing a gourmet meal in her flat for her brothers and sister-in-law. She will eat very little of it. The family members will fence and tease and support each other, with no major developments this evening.

Then we travel in time: 19 years ago, 12 years ago, six months ago, back to the date where we started, forward one year. The personalities and the family dynamic evolve in front of us, revealing how we got here from there.

Club News



Presentation of 100% Membership Award
 To L.G. American Legion Post #352 by
 3rd Div. Vice Commander Richard Knutson.
 Receiving the Award for the Post are:
 Commander: Bob Waizenegger and
 Adjutant: Tom McDonough



AMERICAN LEGION AUXILIARY UNIT 352

*Cordially invites you to attend
 our meetings held on the third
 Wednesday of each month
 at 2:00 pm in the
 Clubhouse Auditorium*

*Refreshments will be served
 If you would like to join our Unit please call
 our Membership Vice President
 Jacqui Carlesco*



MEN'S BOCCE and/or HORSESHOES SIGN-UP

Men's Bocce Fall 2024 session sign-up will be held on Tuesday **August 6th** in the clubhouse from 10 am through 11 am. I will also sign up anyone interested in playing horseshoes. Bocce starts on August 20th at 10 am and we play every Tuesday weather permitting. Horseshoes follows bocce and starts at 12:15pm. If the sign-up date is inconvenient, you can call me (Andy Coppola) at (631) 905-1565 to sign up or if you need additional information.

Registration is \$15 cash for Bocce and/or \$10 for horseshoes. You do not need any experience to play. We have people of all skill levels. Join us and meet people and have fun.

Thanks
 Andy Coppola

Club News



Theater At The Glen

NEXT MEETING: TUESDAY, AUGUST 6th
LOCATION: AUDITORIUM
TIME: 7 pm

UNDER DISCUSSION: THE OCTOBER PRODUCTION!

New members are always welcome, so don't be shy - come on down and hang out with our fun group!

No stage experience? No problem!
No backstage experience? No problem!



Club News

CONGRATULATIONS TO THE 2024 SPRING CHEESEBOX WINNERS

1st Place

**Marcia Buonanno
Helen Bracco
Carol Rooney
Dominic Buonanno**

2nd Place

**Joyce Moley
Eileen Latson
Eileen Becak
Rita Grancio**

3rd Place

**Carol Kreuzscher
Mary Di Bella
Dom DiBella
Missing a 4th player**

**I would also like to thank Debbie D'Amato for all her help from the beginning of our season until the end and at our luncheon and Kevin for maintaining the courts.
Barbara Bacarella, President**

LADIES FRIDAY BOCCE

Another season ends with some great games by the ladies on Fridays. Though we had two rain days, we only made up one and got to play 8 games. Fall Season starts August 9th with a team sign-up meeting on August 2nd at 10:00. I want to take this opportunity to thank all the ladies who taught our new players how to play the game. These ladies were welcomed and picked up the game quickly. The results of the Spring session's top three teams are as follows:

1st Place 7 Wins

**Ann Cacciaguida
Carol Naumann
Denise MacMonigle
Peggy Sauve**

2ND Place 5 Wins

**Cheryl Orioles
Sue Horan
Dottie Gross
Louann Kouril**

3rd Place 5 Wins

**Marie Sinclair
Eleanor Connolly
Bernie McDonough
Susan Barillaro**

Club News

This Bocce season was one of the most successful in recent memory. We had 16 teams totalling 64 men with many new players. Horseshoes also had some men who played for the first time. Many thanks to Andy Coppola and his committee for making both events enjoyable and well-organized.

Andy Salzman

Bocce Winners



1st Place
Rich DiBenedetto, Karl Schifano
Jorge Fredes & Tony Virga



2nd Place
Frank Ingarra & Bob Parisi



3rd Place
Bob Umina, Tony Bainlardi
Vic Troiano & Matt Krauza

Horseshoe Winners



1st Place
Tom Schlitz & Steve Mercurio



2nd Place
Frank Ingarra & Tony Burburan



3rd Place
Don Boudreau & Craig O'Connor

Club News

PICKLEBALL TOURNAMENT 2024

On June 15th we held our annual Pickleball Tournament consisting of 5 Ladies Teams and 5 Mens Teams on a beautiful sunny day. It was a round robin where each team in each division played every other team in the division multiple times and the team with the most wins was declared the winner. Great fun was had by all with an emphasis on sportsmanship and tough play. Congratulations to the winners.



LADIES DIVISION WINNERS

LUCY SORCE & THERESA FERRARA



MENS DIVISION WINNERS

TOM HEWITT & JORGE FREDES



Club News

Leisure Glen Swim Club 2024

Our fifth season of the Leisure Glen Lap Swimming Club has just begun and thanks to our dedicated, obsessive club members we expect to swim farther than we ever have before. Each lap or length of the pool is 25 meters which when totaled and switched to miles after four seasons brought us to over 1,700 miles. We have more swimmers this year and the toughest job is to get everyone together at the same time for a picture. Several newcomers are gluttons for punishment and will help us to exceed the past four years. There is no exercise better than swimming, low impact and great cardio. We have started season five with a bang and fantastic weather, best pool season in a long time. We have grown in numbers, 24 members and counting. A wonderful group of people, very healthy and fit.



Buddy Nunziata, Santa Olson, Vincent Moran, Leslie Fedorisko, David Carlson, Lucy Sorce, Christine Tourtoulis, Nancy Nawrocki, Jim Corleto, Rosann Kelly, Helene Bazarewski, Jim Murphy Jr. Philip Verderosa, Monte Cole, Steve Kraseski, Joe Piccinni, Ed Marczak, Mary Jane Porretta, Joanne Larsen, Ken Quenstadt, Adrienne Kessel, Brian Langstaff, Donna Messina, Vincent Prestomburgo. **Not available for picture day but an important part of our group**, Doug Herzegovina, Steve Kraseski, Donna Messana, MaryJane Porretta, Ken Quenstedt, Joe Piccinni and Christine Tourtoulis

Club News

LEISURE GLEN POOL COMMITTEE THANK YOU RESIDENTS

THE 2024 POOL SEASON HAS STARTED OFF WITH THE GREATEST WEATHER AND BEST ATTENDANCE FOR MANY A SEASON. WE WOULD LIKE TO THANK EVERYONE, RESIDENTS AND THEIR GUESTS FOR WEARING THEIR WRIST BANDS AND FOLLOWING THE POOL RULES, MAKING IT A PLEASURE TO BE AT AND ENJOYING OUR POOL. MAY WE CONTINUE TO HAVE THE GOOD FORTUNE OF A BEAUTIFUL SUMMER. A SPECIAL THANKS TO THE BOARD FOR EXTENDING THE POOL HOURS FOR OUR GRANDCHILDREN TO 5 PM.

Please remember that tables are not to be moved and if you should move chairs around please return them to their original spot when leaving. Unfortunately we could not find any gremlins to appear each evening to adjust the furniture, it seems that is up to all of us.



Club News

Fine Art at Leisure Glen

Artist of the Month for June was Judy Marczak



Artist of the Month for July was Anna Cannistraci



Club News

The Glen Men's Club presents...



~ Picnic Menu ~

Fried Chicken, Spareribs,
Pulled Pork, Potato &
Macaroni Salads, and
Cornbread.

Complimentary wine, beer,
soda & water

Dinner served at 5:00 pm

~ Tickets Available ~

Thursday, August 1st
9:00 am until 10:00 am

\$34.00 per person
(check only)

~Max 8 tickets pp~

Races begin at 6:00 pm

Be Sure to Purchase
50/50

No refunds after August 5th



Between Races



For tickets after August 1st call Bob Parisi @ 516-317-9485

Club News

Wednesday Ladies Bocce Starts Aug. 21st



**Sign up for Wednesday Bocce is August
14th 10am**

\$15 Dues will be collected at Sign-up

If you are interested, please contact:

Carol Minton (631) 744-0312

Or

Suzanne Horan (631) 331-2476

Puzzles

				7	9	4	8
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	1	7			2	5	
4		8					
8			1	6			
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LOOK FOR ANSWERS IN THIS ISSUE

ACROSS

- 1 Pompous person
- 4 Nighttime coffee choice
- 9 Mindful
- 14 Retailer for campers
- 15 "La Boheme," e.g.
- 16 Bet
- 17 12/31, e.g.
- 18 Pub amounts
- 19 Alluring scent
- 20 Situation caused by a bad combination of events
- 23 Wide assortment
- 24 "At the ___ of the day ..."
- 25 Whiskas-eating pet
- 28 Close, like a freezer bag
- 29 App's clientele
- 32 Hydrocortisone cream target
- 33 "The Oak and the Reed" storyteller
- 35 Eaglet's home
- 36 Body of water near the Golden Gate Bridge
- 41 Buyer's proposal
- 42 Weasel's relative
- 43 Food court's place
- 44 Units of electricity
- 46 "Aw, shoot!"
- 50 Rowing machine, for short
- 51 Pioneering ISP
- 52 Flood protection
- 53 Actress who voiced Tiana
- 58 Like an alarm system that's ready to go off
- 60 Rental car option
- 61 Bundle of cash
- 62 Witherspoon with a book club
- 63 Danish currency
- 64 "___ hands on deck!"
- 65 Expenses
- 66 Natural hairdos
- 67 "Life of Pi" director Ang

DOWN

- 1 Colombian cakes "de choclo"
- 2 Very harsh
- 3 Word before "Nevada" or "Leone"
- 4 Silly
- 5 Great saga
- 6 One-fifth of a nickel
- 7 "Graphic" or "fine" works
- 8 "Hurry up!"
- 9 Tony or Palme d'Or
- 10 Not cool
- 11 Many moons ___
- 12 "Shiny Happy People" band
- 13 Memorable time period
- 21 Fried food often served with tarator sauce
- 22 Slip-___ (shoes)
- 25 Noodles or cereal
- 26 Petra's continent
- 27 He/___ pronouns
- 29 ___ Today crossword
- 30 BeBe, to Trudy, in "The Proud Family"
- 31 Theme park home to the Morocco Pavilion
- 32 Stock up again
- 34 Throw trash in the recycling bin, say
- 35 Blackjack card, or the chain "with the helpful hardware folks"
- 36 Vague quantity
- 37 A ways off
- 38 The Steelers compete in them
- 39 Addams Family cousin
- 40 City rds.
- 44 Kung pao chicken pan
- 45 Bering Glacier's state
- 47 Open acknowledgment
- 48 Secondhand transaction
- 49 Pine tree's pointy leaf
- 51 Assistants on the Hill
- 52 Theme park annoyances
- 54 Eaglet's home
- 55 Foam toy brand
- 56 Not-so-alluring scent
- 57 Prefix that means "itty-bitty"
- 58 Fly ball's path
- 59 ___ Speedwagon

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65							66						67	

Club News



"On The Town"

Thurs, Aug 15, 2024 12-3 PM

MEMBER APPRECIATION EVENT AT THE BELLPORT COUNTRY CLUB

MENU

Tomato & Mozzarella
Caesar Salad
choice of
Steak au Poivre
Chicken Cordon Bleu
Stuffed Filet of Sole
Warm Apple Crisp
ala Mode
Coffee, Tea, Soft Drinks

MUSIC AND DANCING



TICKETS \$55 PP

**Minus Trip Discount
(Ticket value \$80 PP)**

INFO: 631-813-7412

Transportation on your own

Club News

Leisure Glen Women's Guild

Print deadlines don't allow me to report on our New Women's Welcome Tea which was held on July 16th. We sent out 32 invitations to give new women residents the opportunity to meet the board of the Women's Guild as well as other new women who have moved in during the same time frame. I also extended an invitation to Social Club President Eileen Becak, Men's Club President Tom Schlitz and HOA President Mike Abbate so the new women are aware of who these people are and know what they do. It's always a lively evening with lots of good conversations and the opportunity to get to know each other!

I am very happy to announce that Barbara Teglassi will become our new Publicity Chair effective in September. Thank you, Barbara, for stepping up to help us out!

We are in full preparation for our September 17th Fall Luncheon at the Meadow Club in Port Jefferson Station. More details are in the full-page ad for the event in this month's Gazette. We have been unable to secure a fashion provider, so we have arranged for wonderful entertainment in its place. We are lucky to have secured the entertainment services of Tom Adamo. Tom is most entertaining with his singing and storytelling, so be prepared for a fun afternoon! Our charities for this year are Hope House Ministries, Alzheimer's Long Island Association and the Rocky Point Fire Department. Wonderful charities that deserve our full support!

In October, we host our Annual Pizza Game Day. In November we host our community-wide Food Drive, which is a one-day event held on Thursday, November 7th.

As you can see, we keep pretty busy. If you would like to join us in any way, you are invited to our monthly board meetings, which are held at 11:00 a.m. before every Game Day. Come and find out how we operate.

Mary Ann Fox, President, Leisure Glen Women's Guild

POTTERY CLASSES

Sign up for the next session of Pottery classes will be on Tuesday, Sept. 3rd at 10am
Dues will be \$65 per person
(checks only payable to Leisure Glen Pottery Club)
for 8 weeks and you will choose which day you would like to attend Monday, Tuesday or
Wednesday from 10am to 1pm.
Classes will start Monday Sept. 9th



The first 4 weeks we will be molding our pieces.
The second 4 weeks we will be glazing our pieces.
Every piece is unique and beautiful.
We have a lot of fun too!

Any Questions Contact:
Kitty Tupper– (631) 472-2414

Community News

GARDEN CORNER



The dog days of summer are upon us. This month the Paseo Committee takes a much-needed break because of the weather. If it's raining, or the heat and humidity are dangerously high, we do not meet on Thursday mornings. A big "THANK YOU" to Doris Herzberg, who faithfully and consistently waters and fertilizes all of the potted plants at the pool and Administration building, as well as inside and outside of the Clubhouse. To those of you who attended the Garden Club's 2nd Annual Brunch, we thank you for your support in making this a success.

For the very first time, the Garden Club planted several black and blue salvias around the Clubhouse and planters. They are considered hummingbird magnets, and several sightings have thrilled our residents. Hummingbirds are active on Long Island from April 15 – October 15. Other plants attractive to hummers include bee balm, cleomes, impatiens and petunias. For a more extensive list, you may want to check out

<https://www.almanac.com/plants-attract-hummingbirds>

Since hummingbirds do not have a keen sense of smell, they rely on bright colors, and they are particularly fond of red. Red dye, however, should not be used to dye homemade nectar, as there are concerns regarding toxicity, which can harm the birds. Consider adding a red label or other item to attract them.

You can create your own hummingbird nectar by following this recipe:

Hummingbird Nectar Recipe

Bring 4 cups of water to a boil

Add 1 cup of white granulated sugar

Stir well until sugar is dissolved

Boil sugar mixture for 2 minutes (prevents spoilage)

Allow mixture to thoroughly cool

Pour into clean hummingbird feeder and keep surplus mixture in refrigerator

Place feeder in shade. Clean feeder weekly and replace nectar weekly to avoid harming these delightful creatures.

Happy gardening to all!

Submitted by Christine Tourtoulis and Chris Cole

Community News



Re: All Pets including support animals



FYI, here is a summary of the rules and regulations:

1. All dogs must be on a leash and accompanied at all times.
2. Animals (dogs and cats) are not to be leashed to any fixed object, or let out to run loose in the yard.
3. The Leisure Glen Community only allows two (2) pets per household.
4. Animals are not permitted on any portion of the Paseo or on any of the lawn areas, including your own. **Please keep your dog on the common roadways, away from the curbs, the lawn areas and the grassy area by the sump on Leisure Drive.**
5. **Please make sure all waste is picked up and disposed of at your own home in a sanitary manner. Never dispose of waste by throwing it into the storm drains, which can pose a health hazard for all concerned.** The fine for not cleaning up after your pet is \$100.00. All reports of infractions will be investigated, and the fines will be enforced.
6. To the extent permitted by law, any owner shall be absolutely liable to each and all remaining owners, their guests, employees, etc. for any unreasonable noise or damage to person or property caused by any animals brought or kept on the properties.
7. Residents requiring service and support animals must provide the Administration office with the appropriate documentation/authorization. Please be aware that service and support animals are permitted in all areas of the residence and common areas.
8. Animals (dogs & cats) belonging to homeowners, occupants or their tenants, must be registered with the Administration Office. As per House Rule #10, in Section X of the Leisure Glen Homeowners' Manual, certain breeds have been restricted by our insurance carrier.

Thank you for your cooperation.
LEISURE GLEN BOARD OF DIRECTORS

Community / Club News

2024-25 BOARD OF DIRECTORS' AREAS OF RESPONSIBILITY

PRESIDENT	<i>Michael Abbate</i>	<p style="text-align: center;">DELEGATED AREAS OF RESPONSIBILITY</p> <p>Assigned Board Members are liaisons to Committees and will oversee certain aspects of general administration for the HOA as well as serve as liaison for a myriad of committees and general areas related to operations of the HOA:</p> <ul style="list-style-type: none"> ❖ Liaison for Legal Matters – Michael Abbate ❖ Liaison for Personnel – Michael Abbate ❖ Liaison for Technology – Michael Abbate ❖ Liaison for Gazette – Michael Abbate ❖ Liaison for LGTV/Media – Ron Matz ❖ Liaison for Architectural Review Committee – Ron Matz ❖ Liaison for Pool Committee – Andrew Salzman ❖ Liaison for Transparency Committee – Andrew Salzman ❖ Liaison for Budget & Finance Committee – Kevin Ward ❖ Liaison for CPA firm – Kevin Ward ❖ Liaison for Plans Committee – Kevin Ward ❖ Liaison for Election Committee – Paul Lanning ❖ Liaison for Insurance – Paul Lanning ❖ Liaison for Recreation Council – Peter Kassebaum ❖ Liaison for Amendments Committee – Peter Kassebaum ❖ Liaison for Welcome Committee – Dorothy Scheuer ❖ Liaison for Website – Dorothy Scheuer Infractions Committee (Dormant) Recourse Committee (Dormant) A/V Committee (Dormant) Steering Committee (Dormant) <p>Members of the Board attend Open Resident Meetings, Grievance Meetings, Tri-Community Meetings, and participate in Special Studies, Analyses & Recommendations and Field Visits to area facilities.</p>
VICE PRESIDENT	<i>Ron Matz</i>	
SECRETARY	<i>Andrew Salzman</i>	
TREASURER	<i>Kevin Ward</i>	
DIRECTOR	<i>Paul Lanning</i>	
DIRECTOR	<i>Peter Kassebaum</i>	
DIRECTOR	<i>Dorothy Scheuer</i>	

lae
7/1/24
Board of Directors/Board of Directors Areas of Responsibility



**THE ITALIAN AMERICAN CLUB
INVITES YOU TO JOIN US AT OUR NEXT MEETING
ON THURSDAY, SEPTEMBER 4, 2024
AT 7:00 P.M. IN THE CLUBHOUSE**



**YOU DO NOT HAVE TO BE ITALIAN AMERICAN TO JOIN
DUES WILL BE COLLECTED**



REFRESHMENTS WILL BE SERVED

HOPE TO SEE YOU THERE!

Club News

THE GLEN ARTS AND CRAFTS SHOW

SUNDAY SEPTEMBER 8TH 1-3 PM

SPONSORED BY THE FOLLOWING CLUBS

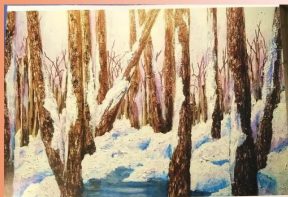
Pottery Club

Fiber Arts Club

The LG Art League

Woodworking Club

Photography Club



Club News



THE ITALIAN AMERICAN CLUB OF THE GLEN INVITE YOU TO OPEN MIC NIGHT

SEPTEMBER 14, 2024 AT
7:00 P.M. IN THE CLUBHOUSE



COME JOIN US FOR AN ENJOYABLE
EVENING OF ENTERTAINMENT BY
RESIDENTS OF THE GLEN



JUST \$5.00 PER PERSON
WILL HELP SUPPORT THE LEISURE
GLEN ITALIAN AMERICAN CLUB
GRANDPARENTS' SCHOLARSHIP FUND!
TICKETS AT THE DOOR

IF YOU ARE INTERESTED IN
PARTICIPATING, A SIGN-UP SHEET
WILL BE BY DEBBIE'S DESK



shutterstock.com - 94182349

Everyone is welcome to bring
their own snacks/beverages

Health

Fall prevention: Simple tips to prevent falls

Falls put you at risk of serious injury. Prevent falls with these simple fall-prevention measures, from reviewing your medications to hazard-proofing your home.

Fall prevention may not seem like a lively topic, but it's important. As you get older, physical changes and health conditions — and sometimes the medications used to treat those conditions — make falls more likely. In fact, falls are a leading cause of injury among older adults. Still, fear of falling doesn't need to rule your life. Instead, consider six simple fall-prevention strategies.

1. Make an appointment with your doctor

Begin your fall-prevention plan by making an appointment with your doctor. Be prepared to answer questions such as:

- **What medications are you taking?** Make a list of your prescription and over-the-counter medications and supplements or bring them with you to the appointment. Your doctor can review your medications for side effects and interactions that may increase your risk of falling.
- **Have you fallen before?** Write down the details, including when, where and how you fell. Be prepared to discuss instances when you almost fell but were caught by someone or managed to grab hold of something just in time. Details such as these may help your doctor identify specific fall-prevention strategies.
- **Could your health conditions cause a fall?** Certain eye and ear disorders may increase your risk of falls. Be prepared to discuss your health conditions and how comfortable you are when you walk

2. Keep moving

Physical activity can go a long way toward fall prevention. With your doctor's OK, consider activities such as walking. If you avoid physical activity because you're afraid it will make a fall more likely, tell your doctor. He or she may recommend carefully monitored exercise programs or refer you to a physical therapist. The physical therapist can create a custom exercise program aimed at improving your balance, flexibility, muscle strength and gait.

3. Wear sensible shoes

Consider changing your footwear as part of your fall-prevention plan. High heels, floppy slippers and shoes with slick soles can make you slip, stumble and fall.

4. Remove home hazards

Take a look around your home. Your living room, kitchen, bedroom, bathroom, hallways and stairways may be filled with hazards. To make your home safer:

5. Light up your living space

Keep your home brightly lit to avoid tripping on objects that are hard to see.

6. Use assistive devices

Your doctor might recommend using a cane or walker to keep you steady. Other assistive devices can help, too. For example:

- Hand rails for both sides of stairways
 - Nonslip treads for bare-wood steps
 - A raised toilet seat or one with armrests
 - Grab bars for the shower or tub
 - A sturdy plastic seat for the shower or tub — plus a hand-held shower nozzle for bathing while sitting down
- Metro Physical & Aquatic Therapy (Please look for our AD in this Newsletter)**

Club News

Women's Guild Fall Luncheon

Tues. September 17th 2024
at the
Meadow Club of Port Jefferson Station
12-4pm



Menu

- *Appetizer:**
Mozzarella, Tomatoes
on a field of Greens
with balsamic vinaigrette
& garlic focaccia
- *Entrée Choices**
Roast Loin of Pork
Fresh Roast Salmon
Chicken Marsala
Eggplant Rollatini
Pasta Primavera
(Gluten Free)
- *Sides**
Seasoned Vegetables
Roasted Potatoes
Dinner Rolls
- *Dessert**
Butter Cream Vanilla Cake

Featuring :

Our "Famous" Raffles
Gift Card Baskets



50/50



Lottery Baskets



Tickets

Available for a donation
of \$58.00pp
Tues. September 3rd
9:30-10:30am

- *Open to ALL Residents,
Family & Friends
- *Event contact:
Rosalie Russo 228-4434

Entertainment for this
special event will be
the very talented...

Tom Adamo

Thank you for supporting our 2024 Charities:

- *Hope House Ministries
- *Alzheimer of L.I
- *Rocky Point EMT

Club News

The Glen Café



SAT. SEPTEMBER 28th 6-10PM

* Menu Catered by TUSCANY

Salad-Rolls

Sauerbraten

Bratwurst

Knockwurst

Breaded Chicken Cutlets
(with lemon & parsley)

Egg Noodles

Sauerkraut

Red Cabbage

Potato Pancakes

Glazed Carrots

Dessert:

Apple, Cherry & Strawberry
Strudel

Complimentary Wine

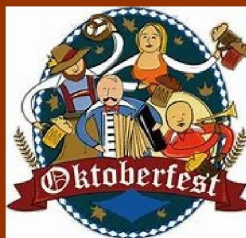
Beer-Soda-Water

Tickets

Available for a donation of
\$47.00pp

Thurs. September 12th
10-11am

*After 9/12 call: **Joanne Cordella**
631 828-8948



* Entertainment by
Fourth Generation



Lottery Raffle



Checks payable to LG Café

Laughter the best Medicine

For those who never saw any of the Burma Shave signs, here is a quick lesson in our history of the 1930's and '40's. For those of us who have?
Enjoy!

DON'T STICK YOUR ELBOW
OUT SO FAR
IT MAY GO HOME
IN ANOTHER CAR. **Burma Shave**

TRAINS DON'T WANDER
ALL OVER THE MAP
'CAUSE NOBODY SITS
IN THE ENGINEER'S LAP. **Burma Shave**

DON'T LOSE YOUR HEAD
TO GAIN A MINUTE
YOU NEED YOUR HEAD
YOUR BRAINS ARE IN IT. **Burma Shave**

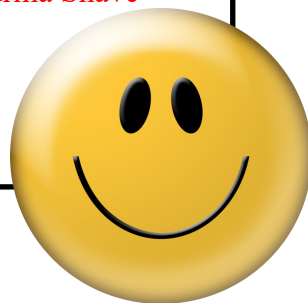
BROTHER SPEEDER
LET'S REHEARSE
ALL TOGETHER
GOOD MORNING, NURSE. **Burma Shave**

NO MATTER THE PRICE
NO MATTER HOW NEW
THE BEST SAFETY DEVICE
IN THE CAR IS YOU. **Burma Shave**

PASSING SCHOOL ZONE
TAKE IT SLOW
LET OUR LITTLE
SHAVERS GROW. **Burma Shave**

And Finally

AT INTERSECTIONS
LOOK EACH WAY
A HARP SOUNDS NICE
BUT IT'S HARD TO PLAY. **Burma Shave**



"I hooked a real big one but it kept swimming around the boat."



"You the guy with the hedge trimmer for sale?"



"Want me to get you a shopping cart?"

Community News / Thank You

1	5	6	2	3	7	9	4	8
3	8	4	5	9	6	1	2	7
7	9	2	8	1	4	6	3	5
9	2	5	4	7	1	3	8	6
6	1	7	9	8	3	2	5	4
4	3	8	6	5	2	7	1	9
8	7	3	1	6	5	4	9	2
5	4	1	7	2	9	8	6	3
2	6	9	3	4	8	5	7	1



Puzzles Answers

1	A	S	S		4	D	E	C	A	F		9	A	10	W	A	12	13	R	E
14	R	E	I		15	O	P	E	R	A		16	W	A	G	E	R			
17	E	V	E		18	P	I	N	T	S		19	A	R	O	M	A			
20	P	E	R	21	F	E	C	T	S	T	22	O	R	M						
23	A	R	R	A	Y					24	E	N	D		25	C	A	27	T	
28	S	E	A	L		29	U	S	E	R	S		32	R	A	S	H			
				33	A	E	S	O	P			35	A	E	R	I	E			
36	S	37	A	38	N	F	R	A	N	C	39	I	40	S	C	O	B	A	Y	
41	O	F	F	E	R					42	O	T	T	E	R					
43	M	A	L	L		44	W	A	T	T	S		46	D	A	R	49	N		
50	E	R	G		51	A	O	L				52	L	E	V	E	E			
				53	N	I	K	A	55	56	57	N	I	R	O	S	E			
58	A	59	R	M	E	D			60	S	E	D	A	N		61	W	A	D	
62	R	E	E	S	E				63	K	R	O	N	E		64	A	L	L	
65	C	O	S	T	S				66	A	F	R	O	S		67	L	E	E	

PLEASE MAKE THE FOLLOWING CHANGES TO YOUR DIRECTORY

Please Add:

Cheryl Carcara and Gordon Saveracker
17 Brookville Court
631-849-1206

IN MEMORIAM

James Hopkins Vera Scandaglia Jack Tevere
5 Kismet Court 435 Leisure Drive 155 Glen Drive

*Our deepest sympathy to
their family and friends*

Thank You

We would like to thank all the wonderful people in the Glen who have been a great support system for us during our daughter Tina-Marie's treatment for breast cancer. She is very appreciative of the cards and gifts she has received, and we are all grateful for the healing masses and prayer chains her name has been placed on. With a few more months of treatments to go, we will appreciate it if you keep her in your thoughts and prayers. We are true believers in the power of prayer.

Sincerely,
Marie & Lewis Scala

Taste of the Best

4 INGREDIENT BAGELS



INGREDIENTS

- 1 cup thick Greek yogurt (pour off any liquid that might be on top)
- 1 cup all purpose flour
- 1 1/2 teaspoons of baking powder
- Pinch of salt

DIRECTIONS

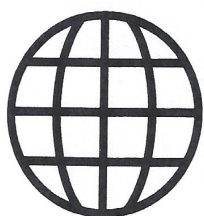
- Pre-heat oven to 400°.
- Mix ingredients until incorporated
- Knead a few times on floured surface
- Divide into four pieces
- Flatten a bit and poke a hole in the middle.
- Optional egg wash, sprinkle with seasoning of choice
- Bake for 20 minutes until golden brown

Important:

Let cool before cutting or they will be gummy.

Peggy Kannett

A Little Trivia Submitted by The Pinzarrones



THE DAILY CHRONICLE

SATURDAY, MARCH 9, 2024

On This Date

1776 – Economist Adam Smith published *The Wealth of Nations*, one of the first books on the nature of world economies.

1832 – Abraham Lincoln announced his candidacy for the Illinois state legislature. “Honest Abe” lost, but within 30 years he became president of the United States.



1959 – The Barbie doll made its debut at the American International Toy Fair in New York. Barbie was modeled after the German *Lilli* doll, originally a racy gag gift sold in tobacco shops.



Built to Last

The man who helped design Barbie had what job before producing toys?

- A. Missile engineer
- B. Spy
- C. Interrogator

ANSWER: A. Missile engineer

Quote of the Day

“We tend to think of meditation in only one way. But life itself is a meditation.”

~ Raul Julia

Happy Birthday!

Raul Julia (1940–1994) was a versatile Puerto Rican actor known for his powerful performances in film, television, and theater. Born in San Juan, he started his career in the New York theater scene. He achieved fame for his roles in films



like *Kiss of the Spider Woman* and *The Addams Family*, in which he portrayed Gomez Addams with memorable wit and charm. His career was tragically cut short by his untimely death in 1994, but his work continues to be celebrated by audiences worldwide. Julia and his wife, Merel Poloway, were married 18 years and had two children.

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AUGUST

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>
4	5 	6 Theater Mtg. 7 pm	7 Theater Rehearsal 7 pm 
11	12 	13 On the Town Tix Sales 10 am	14 Wed. Bocce Signup 10 am 
18	19 	20 Men's Bocce 10 am * Horseshoes 12:15 pm * WG Gameday 12:30 pm * Theater Rehearsal 7 pm	21 Wed. Bocce Starts 10 am *ALA Mtg. 2 pm * Theater Rehearsal 7 pm 
25	26 	27 Theater Rehearsal 7 pm	28 Theater Rehearsal 7 pm 

<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	<i>Notes</i>
<p>1 Men's Club Tix Sales 9 am </p> <ul style="list-style-type: none"> * Rec Council 9:30 am * Riverhead 10 am– 2 pm * Travel Club 7 pm 	<p>2 Fri. Bocce sign-up 10 am * On the Town 12 noon * Glen Café Party 6 pm By the Pool</p>	<p>3 Theater Rehearsal 12 noon</p>	<p>*Aerobics M,W,F 10am *Art League Mon.1pm *Bingo Mon 7pm *Bridge Thurs. 1 pm *Cheesebox Thurs.10am *Fibre Arts 1pm Thurs. *Friday Bocce 9am *Hand & Foot Canasta 1pm Fridays *Horseshoes 12:15pm *Men's Bocce Tues 10am *Ping Pong 9am Tue & Thur *Pickleball Mon 9am & 3pm, Wed. 9am, Fri 9am *Tennis Tues 6pm, Wed 6pm Sat 9am *Wed Bocce 10am * Twilight Bocce Tues & Thurs 6pm</p> <p><u>*Gym is for Leisure Glen Residents Only</u> <u>\$50 fine to the resident if your family or guest is caught using the gym*</u></p>
<p>8 Rocky Pt Area 10am-2pm </p> <ul style="list-style-type: none"> * Travel Club Members only dinner 6 pm *Photography 7 pm 	<p>9 Fri. Bocce Starts 9 am * Theater Rehearsal 7 pm</p>	<p>10 Men's Club Nite @ Races 5 pm</p>	
<p>15 Men's Club Movie Tix Sales 9 am </p> <ul style="list-style-type: none"> *Rocky Pt Area 10 am– 2 pm * Cheesebox Starts 10 am * On The Town Members Appreciation Luncheon 12 noon 	<p>16</p>	<p>17 Tennis / Pickleball Fun Day 9 am</p>	
<p>22 Port Jeff Sta. Area 10am- 2 pm </p> <ul style="list-style-type: none"> * Theater Rehearsal 7 pm 	<p>23 Men's Club Movie by the Pool 8 pm</p>	<p>24</p>	
<p>29 Riverhead 10am-2pm </p> <ul style="list-style-type: none"> * Theater Rehearsal 7 pm 	<p>30 Italian/American Club Outdoor Concert Fundraiser 5:30 pm</p>	<p>31</p>	<p><u>Key to Symbols</u></p> <p>Garbage </p> <p>Plastic/Cans </p> <p>Paper/Cardboard </p>



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The Real Estate Times

Trending Real Estate News

August 2024

Hot Summer Months a “HOT” time to SELL



Even in the **HOT** Summer months, buyers are looking to purchase! There are very few homes on the market—with record high sales prices!

1/1/2024 to 6/30/24—22 Homes LISTED*
17% Fewer homes than 2023

1/1/24 to 6/30/24—18 Homes SOLD*
Sales price range \$360,000 to \$569,000
43% Fewer homes than 2023

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*Per MLS Statistics 7/1/2024

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Awa Drame Clinic Director



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Front Row Left to Right:
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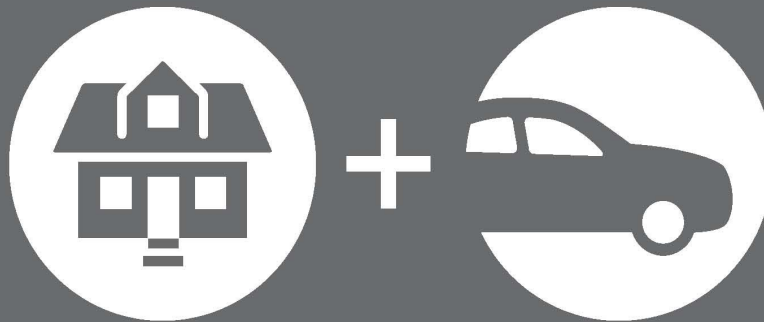


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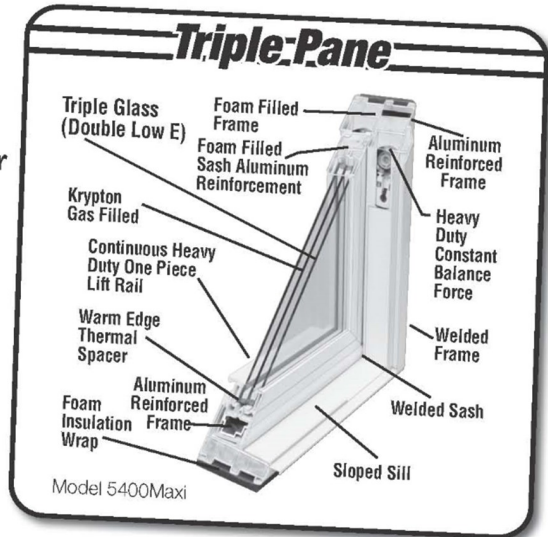
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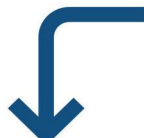
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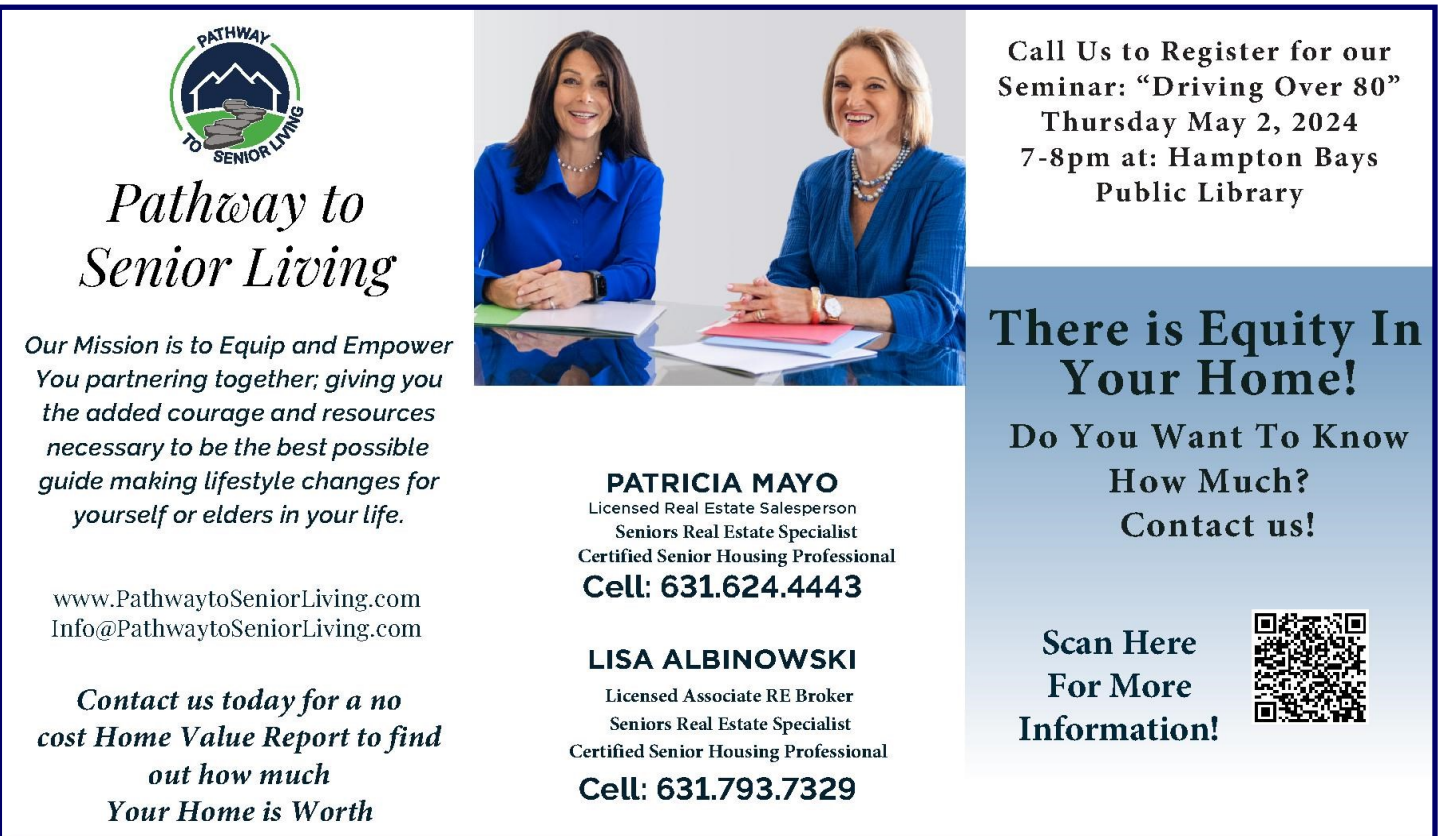
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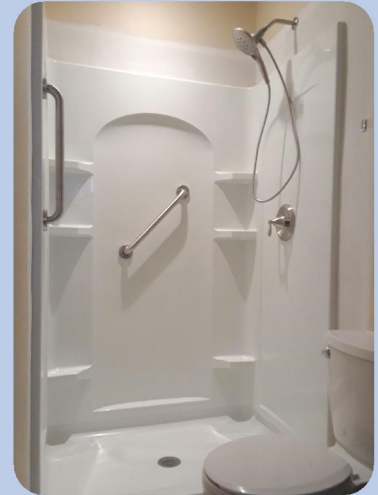


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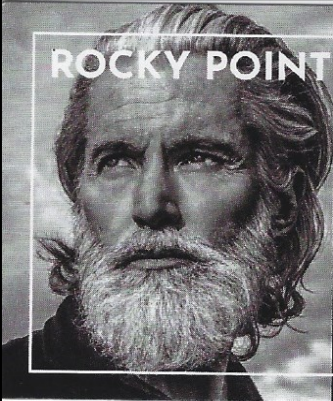
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