

VOLUME 36 NUMBER 1

JANUARY 2024





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** Disclaimer **

The Glen Gazette, Leisure Glen Homeowners Association, the Board of Directors and/or their staff, do not endorse the classifieds or display advertisements nor necessarily agree with the opinions expressed in the articles written for this newsletter.

FOR ADVERTISING INFORMATION **PLEASE CONTACT:**

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Visit our website at www.leisureglen.com

*** GAZETTE DEADLINES: ***

 \Rightarrow Articles and Ads: Due 10th of the month at 3pm, unless it falls on a weekend in which case the deadline for submission of articles is the preceding Friday by 3pm.

** No articles are to be placed at the HOA ** ***Articles without signatures WILL NOT be printed.***

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Emergency Phone Numbers

Fire



Call 911

Leisure Glen Security Gate

Ambulance

(631)-744-6434

HOA Administration Office

(631)-744-4988 Fax # (631)-744-0450

Clubhouse

(631)-744-6572

LGTV can be viewed on channel 591

Presidents Page



Happy New Year everyone! Hope you all had a wonderful holiday season. Looking forward to a great 2024.

On December 8th the BOD met with Optimum managers concerning the completion of the fiber network and the individual connections to each home. Contractors, hired by Optimum, will extend the fiber backbone, already in the ground, to each home on both sides of the street. The contractors will leave a fifty-foot coil of fiber cable by the side of each

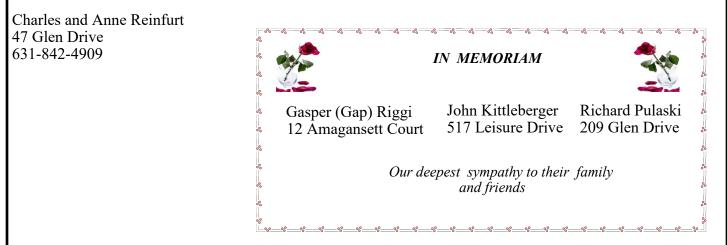
house. Optimum will then make appointments, section by section, to have their technicians complete the installations inside each house. Realistically, this will take several months to complete. Weather conditions and home-owner availability will affect this time line. In the meantime, the triple play service should continue uninterrupted.

Wishing all of you, a healthy, happy and safe New Year.

Edward Marczak, President Leisure Glen Board of Directors

PLEASE MAKE THE FOLLOWING CHANGES TO YOUR DIRECTORY

Please Add:



Creative Corner

All About...January

by Mary J. Collins

"JANUARY, the first month of the year, a perfect time to start all over again, changing energies and deserting old moods, new beginnings, new attitudes." (Charmaine J. Forde)

As we begin 2024, let's take a brief look at what makes January- the first month of this new year-so unique.

- Despite its current status as the first month of the year, January wasn't always at the forefront. On the ancient Roman calendar, the year started in March, making January the eleventh month.
- January derives its name from the ancient Roman god Janus, the deity of beginnings, transitions and endings. Janus is often depicted with two faces, one looking to the past and the other toward the future, a fitting representation for a month that straddles the old year and the new.

• On January 1, 1863. Pres. Abraham Lincoln issued the Emancipation Proclamation, declaring all slaves in the CSA to be free.

• Another important milestone in American history was the opening of Ellis Island, the primary hub, on January 1, 1892, which allowed for the immigration of nearly 20 million people.

 US Presidents Richard Nixon, Franklin D. Roosevelt, William McKinley and Millard Fillmore were all born in January, as were Dr. Martin Luther King, Jr., Elvis Presley, Muhammad Ali,

Dolly Parton, Jeff Bezos, Betty White, Oprah Winfrey, and Ellen DeGeneres.

• January has two zodiac signs – Capricorn and Aquarius, and if you were born in January, your birthstone is a garnet and your designated flower is a carnation.

And one final thought to ponder during this, the first month of 2024....

"What the new year brings to you will depend a great deal on what you bring to the new year." (Vern McLellan)

BOOK NOTES

by Dorothy Scheuer

WIN EVERY ARGUMENT, by Mehdi Hasan

Do you ever have to talk to a group? Do you like it when you get your way?

Mehdi Hasan debates for a living. His three-year-old MSNBC/Peacock *The Mehdi Hasan Hour* ended in December 2023, but he continues as an MSNBC political analyst and guest host. In *Win Every Argument: The Art of Debating, Persuading and Public Speaking* (2023, Henry Holt), he shares his techniques for getting the point across and eliciting the answers you're looking for:

<u>Win over your audience</u> by knowing who they are, grabbing their attention and connecting with them.

How many are there? Who are they? What is their rough demographic?

Say something interesting in your first sentence. Ask them a question. Tell them a personal anecdote that will help them relax, warm to you and listen to you.

Make eye contact. Give sincere compliments. Share an autobiographical detail or an emotion you are feeling in the moment.

<u>Be persuasive</u> by using logos (logic), pathos (emotion) and ethos (ethics, character; = believability).

Tell a story. Choose your words carefully. Show, don't just tell.

<u>Have receipts</u>, proof, with you that you can produce at the right moment. This enables you to challenge your opponent's character, your opponent's credentials and your opponent's claims.

<u>Truly listen to and hear your opponent</u>. Clear your mind, keep it open, take notes.

Stay present. Make eye contact. Ask the right questions.

<u>Make them laugh</u>, because punch lines build rapport, levity lightens the mood and nothing will work better for you than getting an honest laugh at your opponent's expense.

Be self-deprecating, spontaneous and expressive.

Don't be offensive, or go too far or appear wooden.

Be prepared to throw your opponent off when the moment is right, with some tricks Hasan refers to as judo moves. Take the wind out of your opponent's sails by conceding a point or stating your opponent's argument first yourself or reframing the facts just used against you to suit your side of the argument.

<u>Use zingers</u> to catch your opponent off-guard and bring home your point. Be prepared, keep your barbs short and pick your moment.

<u>Follow the rule of three</u>. Hasan cites research demonstrating our ability to reliably recall three items but not reliably more. Our brains are wired to like patterns, he says, and "Three happens to be the smallest number that allows us to see a pattern."

Leisure Glen Bean Bag / Twilight Bocce Club Bean Bag January Holiday Schedule

Bean Bag has begun, we are now entering the New Year. Registration and dues of \$10 are being collected ongoing throughout January. Please register so we can update our email file.

January Schedule - Every Tuesday and Thursday afternoon except when noted.

Times - 4pm-Approx 6pm

Tuesdays -2^{nd} , 9^{th} , 16^{th} , 23^{rd} , and the 30^{th} Thursday -4^{th} , 11^{th} , 18^{th} , and the 25^{th}

Hope to see you all there, enjoy the company of others and participate in two hours of fun. Registration for participants is required to take advantage of any of the special events.

Look forward to your participation this year in the Bean Bag/ Twilight Bocce Club



LINE DANCING

There will be Line Dancing on Thursdays starting January 4th at 11am

> For more info contact: Jeannie Kopp 631 849-1860

Happy Holidays! New & Improved Co-Ed Indoor Bocce!!



On Wednesday January 3rd at 4pm we start our second season of indoor bocce in the Clubhouse. We have 2 full 8ft. courts with weighted Rubber Bocce balls. There is no registration, no team assignment – Just show up to play! Remember you don't have to be Italian to play bocce. We have a lot laughs and a good time in the same language. Also looking for volunteers to help out.

For more info contact:

Marc Martone 631 744-6116



Leisure Glen Travel Club

Our next meeting will be on Thursday, January 4, 2024, at 7:00 p.m. Please join us for information about our upcoming cruise and Niagara Falls trip. We will be collecting our \$10 annual dues at this meeting.





Thanks to all who made the Trim-a-Tree Celebration on December 5th a success. Your efforts were greatly appreciated by our community. A special thank you to Maria Signorello and Dr. J. Mark Pruett for their gift of music.
I would also like to acknowledge our readers of the story of Christmas Joyce Reller, Joanne Cordella, and Deborah Mercurio.
Special thanks to the Gazette for sponsoring this program, the Clubs that donated gifts and to Kevin and Debbie.
Merry Christmas and Happy Healthy New Year from the Trim-a-Tree Committee Diane Carlson, Dorothy Gross, Marie Petrie, Karen Goff, Pat Salino, Bernadine McDonough and Ann Cacciaguida.

Community News

Thank you for the Holíday Gíft!

Your generosity is very much appreciated.

Regards,

Lucía, Sherí, Elísabeth, Tom, and Debbíe,

Glenn and the Maintenance Crew



Defensive Driving



Defensive Driving is on Wednesday January 10th from 8:45am to 3:00pm. Checks only are accepted, payable to "Survive the Drive" for \$30.00. Payment is due when you sign up with Debbie or you can leave the payment in her mailbox. Bring to class your Driver's License, a pen and your lunch. Class starts promptly at 9am, so please don't be late.

Recreation Manager

LEISURE GLEN WOMEN'S GUILD

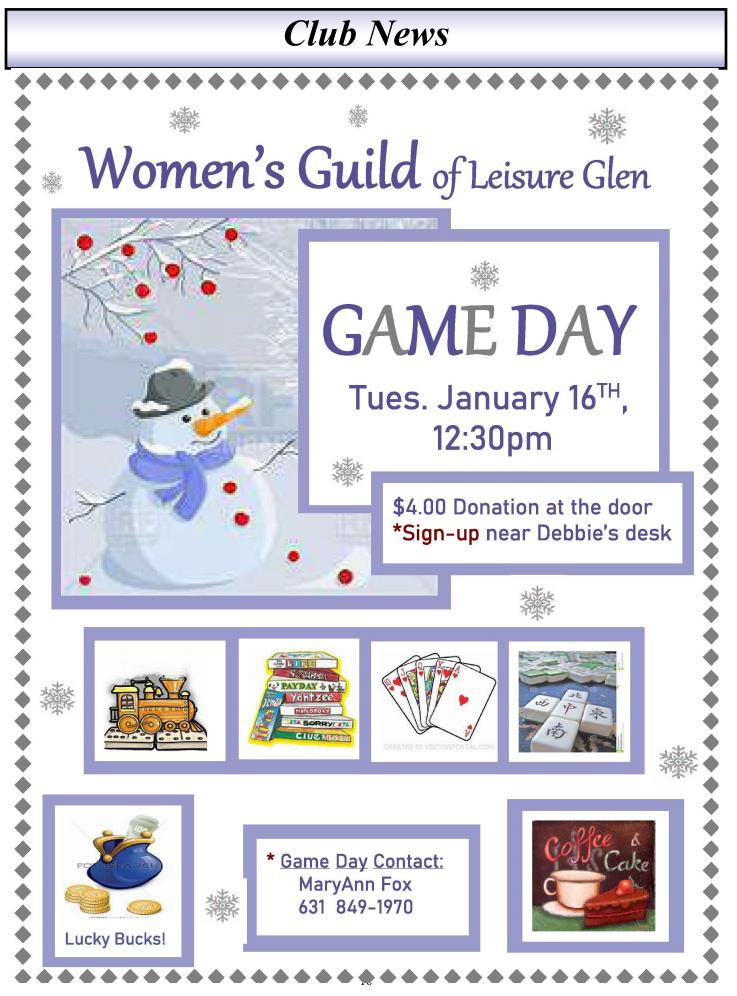
A very Happy New Year 2024 to everyone! Our wish is that your New Year will be filled with family, friends, love, happiness and, most importantly, good health!

We wound down 2023 in grand style with our Annual Gift Giving Event on December 12th in our auditorium. The residents who took tags from our giving board came with the gift that was requested. A total of 82 gift tags were taken and our residents came through once again and delivered beautifully wrapped gifts with the child's name securely attached to their gift so the present would reach the right place. If needed, we had a full staff of dedicated women wrapping the gifts with beautiful holiday paper and ribbon. We were sure that each gift had the name tag of the child and the location it was to go to. The recipients of your generosity were children from St. Anselm's Episcopal Church, St. Anthony RC Church, St. Francis Cabrini RC Church, Trinity Lutheran Church and Joseph A. Edgar Elementary School in Rocky Point.

Our residents were treated to bagels, coffee and tea and invited to join each other around the tables and savor the Christmas spirit that was all around us. Throughout the year the Women's Guild raised money for our three charities, and they were each present to accept their donations. 1st Assistant Chief from the Rocky Point FD was Sean Martin, accepting on behalf of the Fire Department/EMS. Melissa Doktofsky, founder and Director of American Giving Project, accepted our donation on their behalf. Kurt Hall, Director of Operations for Hope House Ministries, was happy to accept our donation on behalf of Fr Frank Pizzarelli.

In total, I am very proud that we gave a total of **\$12,000 to our 2023 charities.** It was the efforts of a lot of women working very hard on our various events throughout the year that made this amount possible. Looking back, I'd like to advise our community that over the six years from **2018 to 2023 (keep in mind 2020 and 2021 were pandemic years), the Women's Guild has been able to donate to our various charities a grand total of \$47,000**! I feel that is a huge accomplishment for the Women's Guild, the ONLY fully based charity Club in Leisure Glen. None of this would be possible without the continued support of our residents and the community of Leisure Glen. **Thank You!!**

Mary Ann Fox, President



Club News Here are the scores for Weeks: 9, 10, 11, 12 November 2023 Published Scores are: games 30 or more pins over average & all 200 games MEN **LADIES** Gary Galante 237 227 221 Diane 255 211 Holmes Tony Bainlardi 234 227 216 MacMonigle 191 190 171 Denise Rich DiBenedetto 224 208 Esposito Dianne 179 Jerry Lyons 223 206 206 201 Pattie 176 Bauer Don Steimle 206 Ann Cacciaguida 168 Paul Desjardins 199 194 190 Sue Horan 166 152 Mike Smoller 199 Golfo Leslie 164 150 Gerry Naumann 197 180 Sapienza 162 159 Nancy Tom Donovan 191 182 Caterina Pallotto 160 153 Tom Schneider 190 Mary DiBella 144 Joe Anterio 172 Carol Naumann 143 Joel Schwartz 168 162 142 John Luisi 166 Mike Pallotto 164 159 Bob Umina 160 Mike Donnelly 150 149 145 139 133 Matt Krauza 150 144 Domenic DiBella 141

ALWAYS LOOKING FOR NEW BOWLERS ! Please contact Dottie Gross for more info. 1-631-821-7969

Men's Club Children's Christmas Party 27th Anniversary Celebration

Nearly 100 grandchildren participated in our 27th annual Children's Christmas Party (CCP). As they arrived at our Clubhouse, many elf-capped Men's Club volunteers were ready to guide them. On hand were face painters and balloon twisters to spread good cheer, inflate balloons and paint (mostly) young faces to keep spirits bright. The 2023 Glen Band lead by Bob Russo with vocalists & residents (Maria Signorello, Laura Dalton, Rosalie Russo, Tony Carnevale and Paul Cordella) entertained with traditional holiday songs. Refreshments were enjoyed. Children had an opportunity to take a picture with our new picture boards (see accompanying photos). Mrs. Claus (aka Linda O'Connor) circulated among the kids, parents and residents taking pictures, and handing out candy canes to all the good little girls and boys. The noontime arrival of Santa Claus (aka Jonathan Schwadron) through the doors at the back of the stage brought kids to their feet and into a line to have individual time and a photo with Santa on stage. Santa presented each child aged 2-10 with a gift (provided by their Glen resident grandparents).

On exiting the stage, a stocking filled with small toys, crafts and treats including a chocolate pop was there for each child while their parents/grandparents were given a Friendly's gift card to enjoy together at a later date. If you could not attend this year, we hope you, your children and grandkids can make it next year. This wonderful tradition is well worth experiencing in person.

This is a big thank you for all volunteers who worked to make the day special: Auditorium Decorations—Chairman Bob Parisi with Pat Esposito, Pete Kassebaum, Joanne Matz and Craig O'Conner.

Lobby/Greenery decorations---Garden Club President Chris Cole and her volunteer group. Picture Boards --- (in auditorium)---Art League President Phil Verderosa, Ronnie Kassebaum, Dorothea McMahon.

Men's Club Committee volunteers---

Gift coordination...Chairman Joe Anterio, Steve Mercurio, Pat Esposito, Pete Kassebaum, Craig O'Connor & Joe Sinagra; **Christmas stockings**...Chairman Andy Salzman, Phil Barbarello, Frank DeRosalia, Pete Kassebaum, Matt Krauza, Steve Mercurio, V.P. Prestomburgo & Ken Quenstedt; **Stage scenery**...Chairman Tony Burburan, Frank Ingarra, VP Prestomburgo, John Scollo, Tom Schlitz, Tom Donovan & Pete Kassebaum; **Refreshments**...Jonathan Schwadron & Ron Matz; **Photography**...Bob Palmeri; **Auditorium lighting**...Bob Palmeri; **Woodworking...** Ralph Spinola and club members

In addition, some mentioned above worked in multiple areas. All that help was much appreciated as were the volunteer efforts and experienced guidance provided by Phil Barbarello, Frank DeRosalia, Tom Donovan, Ron Matz & Ken Quenstedt.

Thanks to Debbie and Glenn's staff members for ensuring auditorium decorations and stage scenery was in position for installation.

Please forgive us if we missed the names of any of Santa's other helpers. This was truly a large-scale, team effort. Our hope is Glen residents are proud of the annual CCP offered by the Men's Club for the enjoyment of our kids and grandkids.

Happy and Blessed New Year!!!!!

Paul

Paul Lanning President The Glen Men's Club Future Men's Club Activities 2024 Superbowl Party – Sunday, February 11th 2024 Children's Christmas Party - Sunday, December 8th

Childrens Christmas Party Cont'd.















Childrens Christmas Party Cont'd.













CONGRATULATIONS TO THE 2023 FALL CHEESEBOX WINNERS

1st Place

Maureen Laieta Eleanor Elliott Marcia Buonanno Dominic Buonanno 2nd Place

Dorothy McCormick Jeanette Long June Ellson Walter Jankowski 3rd Place

Jeff Daly Karen Daly Marie Zito Sandy Lorenzo

I would also like to thank Debbie D'Amato for all her help from the beginning of our season until the end and at our luncheon and Kevin for maintaining the courts.

Barbara Bacarella, President

POTTERY CLASSES

Sign up for the next session of Pottery classes will be on Monday February 5th at 10am

Dues will be \$65 per person

(checks only payable to Leisure Glen Pottery Club)

for 8 weeks and you will choose which day you would like to attend Monday, Tuesday or Wednesday from 10am to 1pm.

Classes will start Monday February 12th



The first 4 weeks we will be molding our pieces. The second 4 weeks we will be glazing our pieces. Every piece is unique and beautiful. We have a lot of fun too!

> Any Questions Contact: Kitty Tupper– (631) 472-2414

LEISURE GLEN COMMUNITY MINUTES

November 2023 Board Meeting Highlights

November 3, 2023

- Replaced Temperature Control Thermostat in Clubhouse refrigerator.
- Leaf clean-up continues throughout the community.
- Concerns were raised about the extensive use of strong blowers and leaf removal and the effect on the environment and wildlife. Possibly consider a manual method such as a lawn sweeper and rakes. Board consensus is that would be impractical since there are too many trees and leaves to remove.
- Halloween decorations were successfully displayed with hooks on the moldings in the Clubhouse.



- Concerns voiced about the condition of the Clubhouse and how everyone is responsible for the care and maintenance of the room.
- Holiday music will be broadcast throughout the Clubhouse during the season.
- Samples of the Liability Insurance were distributed to the appropriate Club Presidents.
- Ed Marczak, President of the Board, attended the Recreation Council meeting on 11/2/23 and thanked all of the Club Presidents for their efforts on behalf of the community.
- The next Recreation Council meeting will be on January 11, 2024. There will not be a meeting in December.
- The Welcome Committee, The Men's Club & Women's Guild continue to look for cabinet storage space in the Clubhouse. Several sheds, some closets and the basement should be cleared out for new items.
- Welcome Committee gift bags are prepared. Assignments for visitations are being scheduled. The next meeting will be on 11/9/23.
- Year-end reports are being finalized for the Budget & Finance meeting next week.
- There was picketing at the Suffolk County Town Hall a few days ago in regard to the relocation of the Lithium Battery Storage Facility, however, the picketers were advised that this is a State issue and the picketing was not effective. We are still awaiting a letter from the Congressman to submit on behalf of The Glen residents to Governor Hochul about deterring the Battery Storage Facility.
- After reviewing and discussing the asking of 3 predetermined questions to the Board of Director candidates during the "Meet Your Candidates" Meeting, it was agreed that asking spontaneous questions from the floor (1 per resident), should be asked to the candidates instead, to not limit the subject matter of the questions to only certain topics. The Board voted in favor of a change in the "Meet Your Candidates" Meeting procedure, in which candidates would answer spontaneous questions (1 per resident) from the floor, instead of questions pre-approved by the Board.



Community News Cont'd.

November 17, 2023

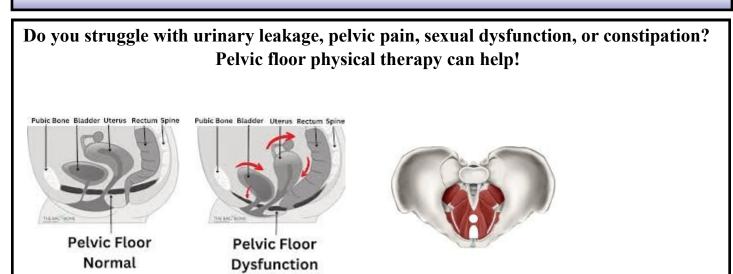
- Repaired the Chain link Fence at 201 Glen Drive due to tree damage.
- Replaced the Split Rail fence on Plainview Court facing the Paseo with white PVC.
- The Gatehouse Exit Gate has been repaired and is working properly.
- All Gatehouse Entrance Gate lights are being synchronized.
- Elections were held for The Glen Cafe Club (President: Debbie Mercurio; Vice President: Rosalie Russo) and The Social Club (President: Eileen Becak; Vice President: Linda O'Connor).
- There was a request from Debbie for a Dart Board which was approved for outdoor use. A special backboard will be provided, and can be placed on the Pergola Column in the Shuffleboard Courts. The Dart Board can be stored in the shed with the outdoor Corn Hole games and can be played whenever weather permits.
- The Corn Hole/Twilight Bocce Club would like to have another game added in the Auditorium to alleviate wait time for the members. The club would be responsible for purchasing or building the new equipment, however, they will wait to see if the membership sustains. A possibility of reorganizing the play time may be considered, as well as increasing the registration fee.
- Two of the light globes over the pool tables in the Billiards Room were damaged. New light globes are being investigated to accommodate the current light fixtures. The room will not be closed during the restoration of the light fixtures.
- When trees need to be removed due to hazards, the homeowner must submit an ARC Landscaping Application to the Architectural Review Committee for approval.
- A handout from the ARC was distributed and reviewed pertaining to the Parameters for Approving Canopies/Gazebos in Leisure Glen. Decisions about the models and brands of the Canopies/Gazebos will be made upon the finalization and approval of all recommendations.
- There has been enthusiastic support from the new members of the Welcome Committee. Each member has been assigned 3 homes and took the gift bags to be distributed. The next meeting will be on 12/14/23.
- There was a request from a volunteer fire fighter about the annual election for a member of the Rocky Point Fire District Board, which will be held in December. Ex-Chief, Ken Staufer, Captain at BNL Fire Dept., is running for the seat and would like the opportunity to address the Leisure Glen community, introduce himself and answer questions. This might be of special interest to our community since recently, due to a staff shortage, a short-lived program was instituted to have Northwell Hospital respond to The Glen with ambulance service, and bill the residents for the transport. When the RPFD responds to an emergency, there isn't any charge for the service. Fortunately, that program ended on November 3rd, and the RPFD will be paying for that service if any resident did use Northwell Hospital and has been billed. When 911 is called, EMS is contacted and will send a local fire house (Rocky Point, Ridge, etc.). Each area will assist the other, when necessary, which is called mutual aid, and there is not a charge for that service.

Resale Report:

6 sales, 6 listings (4 are vacant), and 2 homes are in contract.

'23 Community Minutes

Health



The pelvic floor is a group of muscles that runs from pubic bone to tailbone. These muscles play an important role in bowel, bladder, and sexual function. They also support your pelvic organs, spine, core, and hips.

Just like any other muscle in the body, pelvic floor muscles that are weak, tight, or uncoordinated can cause discomfort. Pelvic floor dysfunction can present with pain, pressure, and increased sensitivity. Conditions such as urinary urgency/frequency, urinary leakage, fecal incontinence, prolapse, and constipation are commonly connected to pelvic floor dysfunction. Pelvic floor muscle strength can change due to childbirth, the aging process, or stress.

Know that if you have experienced any of these symptoms - you are not alone! A study published in the Scientific Reports journal including over 25,000 women reported that 32% had pelvic floor dysfunction. Pelvic floor physical therapists have acquired additional training and expertise that makes us fully equipped to help both men and women with these conditions and improve quality of life. Treatment can include exercises, manual therapy, biofeedback, and education.

Let's practice some exercises!!!



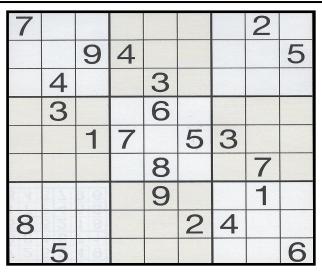
Here's an easy way to start.

Find and squeeze your pelvic floor muscles.

Try to hold the squeeze for 3 seconds.

Release the muscles and fully relax your pelvic floor. Then repeat! Try to work up to 10 to 15 repetitions each time you exercise. Pelvic floor therapy is now available at the Metro Physical Ridge Office, Call 631-821-8090 to schedule now. (See our AD in this edition)

Puzzles



Puzzle Theme: Breaking Wind

ACROSS

- 1 Lease payment
- 5 Tuber in asaro
- 8 SoCal area with the Latino Walk of Fame
- 14 "Rachel Getting Married" actress
- Hathaway
- 15 Green toast topping, for short
- 16 Stared daggers
- 17 Half-baked ____
- 18 Never stopping
- 20 Wordless yeses
- 21 ____ phonetic alphabet
- 22 Weightlifting events
- 23 Place to buy a hot dog
- 26 The Drifters member Lewis
- 27 Singer Grande, to fans
- 28 Busy airport
- 31 Beluga's home
- 34 On fire
- 35 "The runner was not tagged out!"
- 36 How jungguk-naengmyeon soup is served
- 37 Duos
- 39 Skin-soothing succulent
- 40 Ball python's sound
- 41 Starter dish, for short
- 42 Dental thread
- 43 Number of U.S. states that start with a D
- 44 Spot on a domino
- 45 A long, long time
- 47 Sommelier
- 51 Courtroom event
- 54 ____ paratha (potato-filled dish)
- 55 "___'s Jawbone" (murder mystery puzzle)
- 57 Term describing a cheese that's been treated with brine
- 59 Not prerecorded
- 60 Performing in many cities
- 61 "Mudbound" director Rees
- 62 Draws on
- 63 Features of many brownstones
- 64 Newspaper workers (Abbr.)
- 65 Second to none

DOWN

- 1 "Pouring" precipitation
- 2 Provide money for
- 3 "Akata Witch" author Okorafor
- 4 Promos that don't reveal much
- 5 Expressed boredom or sleepiness
- 6 Large bird enclosure
- 7 Apple juice brand
- 8 Self-image
- 9 Many college homecoming
- attendees
- 10 Fully satisfied
- 11 Woodpecker's home
- 12 Pre-Easter period 13 Throws in



- 24 Religious sister
- 25 Bunraku and basketry, e.g.
- 28 Beyonce hit with an angelic title
- 29 "Mars Attacks!" ships
- 30 Honey-making insects
- 31 Diez menos dos
- 32 Loonie or dime
- 33 "Nothing ____ Matters" (Metallica
- song)
 - 34 Bad ____ Reading (YouTube channel)35 Nightspot with Latin dancing
 - 35 Nightspot with Latin dancir
 - 37 Hassle 38 Become visible

- 42 ____ and far between
- 44 Accumulate
- 45 Repented
- **46** Crystal-filled rocks **47** "Yippee!"
- 47 Tippee:
- 48 Playground fixture 49 Salary bump
- 50 Plunges headfirst into a pool
- 50 Plunges neadhrst into a po
- 51 Terrible phase 52 Go on a tirade
- 52 GO ON a tilade
- 53 "That ____ say . . ."
- 56 Woodpecker's home 58 Medical pros (Abbr.)
- 36 Medical plos (Appl

1	2	3	4		5	6	7		8	9	10	11	12	13
14	1			-	15	-	1	-	16		1		1	+
17	+	+	+		18	1		19		+	1		+	+
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	23		1	24			+	-	25				1	
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43				44				45	46					
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51	52	53				54	+	+	1		55	+	1	56
57			-		58			1	1		59	1	1	+
60	+		+	-			61	+	1		62			+
63					-	-	64	-		-	65			+



LOOK FOR ANSWERS IN THIS ISSUE



Includes: all port fees & taxes, all gratuities, insurance, unlimited open bar, special dining, shore excursion discounts, Wi- Fi and room credit - Cabins still available!

Bus transportation provided to port and back to the Glen. Cost to be determined at Jan. 4, 2024 meeting - 7 PM.

Questions? Call Ann Cacciaguida @ 631 821-0442

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LEISURE GLEN TRAVEL CLUB PRESENTS

Niagara Falls & Toronto

You Must Bring a Valid U.S. Passport or U.S. Passport Card for this Tour INCREDIBLE PRICE INCLUDES:

- Motorcoach transportation
- 4 nights lodging in the Niagara Falls area
- 8 meals: 4 breakfasts and 4 dinners
- GUIDED TOURS OF NIAGARA FALLS & TORONTO
- ♦ A Journey to The Falls on a "HORNBLOWER NIAGARA CRUISE"
- Gaming at FALLSVIEW CASINO
- A visit to NIAGARA-ON-THE-LAKE & QUEEN VICTORIA
 PARK
- ♦ A visit to CASA LOMA; Canada's most magnificent castle

and much more

Departure: Ridge, NY @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: captivating, awe-inspiring Niagara Falls! This evening, you will have Dinner and check into your Niagara Falls area hotel for a four night stay.

Day 2: Start the day with a Continental Breakfast before you begin a Guided Tour of the Niagara Falls area. Visit an engineering marvel, the Welland Shipping Canal and beautiful Queen Victoria Park – home of one of the world's largest Floral Clocks. You'll have Dinner this evening at a local restaurant.

Day 3: Enjoy a Continental Breakfast before departing for a Guided Tour of the beautiful cosmopolitan city of Toronto, Ontario. You will also visit Toronto's majestic castle estate – Casa Loma! Later, you will dine at a local restaurant.

Day 4: Start the day with a Continental Breakfast before enjoying one of Niagara's most popular and breath-taking attractions, a boat ride on a "Hornblower Niagara Cruise." Sail near the base of the Horseshoe Falls and enjoy a truly awe-inspiring view of the mighty Niagara. Then, you'll take a tour of historical Niagara-on-the-Lake, one of the prettiest towns in Canada and full of 19th century charm. Later, enjoy Dinner and a visit to exciting Fallsview Casino and get in some gaming action before returning to your hotel. Day 5: Enjoy a Continental Breakfast before departing for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

\$75 Due Upon Signing. *Price per person, based on double occupancy.Add \$150 for single occupancy. Final Payment Due: 7/16/2024

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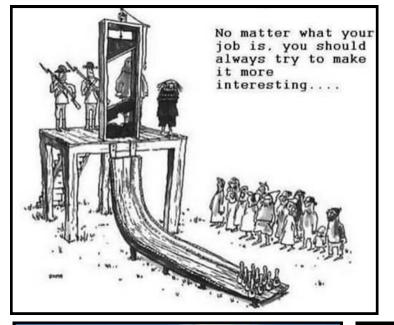
Gaming at Fallsview Casino



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RI

Laughter the Best Medicine



A police officer came to my house and asked me where I was between 5 & 6. He seemed irritated when I answered: "Kindergarten"



it's not going to end well



Things that used to hurt my back:

- -Jumping off of garages -Crashing my bike -Falling out of a tree -Diving in the shallow end
- -Contact sports

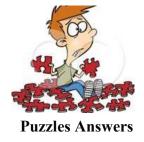
Things that hurt my back now:

- -Sneezing
- -Washing the dishes
- -Brushing my teeth
- -Tying my shoes
- -Rolling over in bed

22

Community News / Thank You

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Thank You

To all my dear friends at the Glen. Thank you so much for all the cards, calls, visits, delicious meals, and, most of all, your friendship. All is going well with my knee replacement. Again, thank you, I am so fortunate to live in such a beautiful place with so many caring people.

Ríta Grancío

Thank You

The family of Richard Pulaski is so grateful to the Glen Community. Whether it was keeping an eye on Rich, helping him when needed or stopping by to say "hi", it was very much appreciated. During the past month the food drop offs, cards, texts, calls, prayers and hugs make a difficult time more bearable. We are so blessed to know that our mother will be well cared for even with Rich no longer by her side.

The Pulaski Family



Sun	Mon	Tue	Wed
	1 New Year's Day * NO GARBAGE * HOA Closed * No Bus	2 Riverhead 10am-2pm	3 No Recyclables * Indoor Bocce starts 4pm
7	 8 Smithaven Mall area 10am-2pm * Bingo resumes 7pm 	9 Computer Club 2pm	10 Defensive Driving 8:45am-3pm
14	15 Martin Luther King Day * No Bus	<i>16</i> Pt. Jeff Sta. area 10am-2pm * W/G Gameday 12:30pm	17
21	22 Riverhead 10am-2pm	23	24
28	29 New Walmart 10am-2pm	30	31 PAPER ONLY

Thu	Fri	Sat	Notes
 Line Dancing starts 11am * Travel Club 7pm 	5 On the Town 12 noon	6	Every Thursday morning bus schedule to Rocky Point Area 10 am - 2pm *Aerobics M,W,F 10am *Art League Mon.1pm
11 Rec. Meeting 9:30am * Photography 7pm	12	13	*Bean Bag Tue &Thur 4pm *Bingo Mon 7pm * Bridge Thurs. 1 pm *Fibre Arts 1pm Thurs. * Hand & Foot Canasta 1pm Fridays * Indoor Bocce Wed 4pm * Line Dancing Thur 11am * Ping Pong 9am Tue & Thur * <u>Gym is for Leisure Glen</u> <u>Residents Only</u> *
18 Town of Brookhaven Tax Assessment Mtg. at the Clubhouse 10am	19	20	*WINTER BRO. CARTING 631-244-7272* Bulk is every Thurs. If you have large items you must call Winter Bros. directly * <u>All bottles to be placed in regular Garbage</u> *
25 Men's Club Tix Sales 9am for Super Bowl	26 Men's Club Movie Day 2pm	27	
			Key to Symbols
			Plastic/Cans
			Paper/Cardboard

Taste of the Best

TURKEY CHILI

INGREDIENTS

pound ground turkey
 large Vidalia onion, chopped
 cloves of garlic, minced
 tablespoons olive oil
 to 4 tablespoons chili powder (to taste)
 can crushed tomatoes
 cans red kidney beans, slightly drained



DIRECTIONS

Heat oil in large heavy pan.

Add chopped onion and minced garlic.

Keep stirring with wooden spoon, just until translucent, but not brown.

Add turkey to pan and cook until slightly brown. Make sure to break it up so it's in crumbles. Add two cans of red kidney beans and stir until heated through. Then add can of crushed tomatoes.

Finally, add chili powder to taste. The more you add the spicier it will be. Cook, uncovered, over med low heat for about 25 minutes. Serve over rice

Optional toppings: shredded cheddar cheese, guacamole, sour cream

shredded lettuce, chopped sweet onions

Happy New Year Everyone! Mary Jane Porretta 631-320-9365

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The Leisure Glen Gazette finds its way into your mailbox every month by way of our superb Block Captains. Within it, you find articles, jokes, puzzles, important club and community news and advertisements.

Behind the scenes the Leisure Glen Gazette is a completely voluntarily run organization with an importance that extends beyond its publication and distribution. It is one of the main functions of the community whose profits go directly back into the community. The Gazette staff responds to requests for funds from clubs and from the Board of Directors.

Below is a list of some of our donations over the past several years:

Theatre Club Women's Guild Trim-A-Tree 2 New Pool Tables American Legion Auxiliary TV at Concierge Computer Club (Monitor) New Bench press for Gym TV and Shelf for Gym ext.. Outdoor Movie Screen Garden Club New Gym Equipment Block Captains' Breakfast Re-Surface Card tables 4th of July Party TV in Men's Card Room Repairs to Bocce Ball Shed New BBQ Grill Wi-Fi for HOA & Clubhouse Lap top for various club usage HOA Reserve Fund New Treadmill for Gym Chanukah Tennis Club Equipment Hand and Foot group L.G. Band Furniture for Greenery Room Photography Club (Scanner) New Bingo Machine 30th Anniversary Party New Ping Pong Table New Tables and chairs for Main Hall New lounge chairs for the pool





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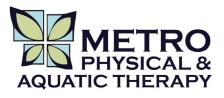
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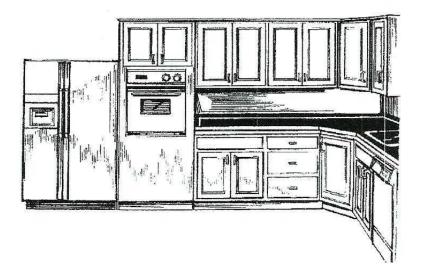


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